FLY OF THE MONTH

Swimming Damsel

Hook: TMC 400T, size 10-8 Thread: Olive 6/0 or 8/0

Eyes: Black bead chain eyes or monofilament eyes

Tail: Olive ostrich herl tips or marabou

Rib: Fine gold or copper wire

Body: Light olive antron dubbing or yarn

Wingcase: Olive or gray swiss straw

Legs: Olive grizzly hackle fibers or olive partridge fibers



- 1. Put a thread wrap around the hook shank. Tie on the eyes behind the hook eye.
- 2. Tie on the tail. Damsel nymphs do not have short tails. I like the tail to be a good two gaps long.
- 3. Tie on the ribbing just in front of the tail.
- 4. Dub the body up to the 1/3 point. Remember the damsel nymph has a long skinny body. Tie the body accordingly.
- 5. At the 1/3 point tie in the wingcase. Leave enough material to tie off the wingcase behind the eye and leave a short portion to layover the body behind the tie in pont. The wingcase is tied on the barb side of the hook. On the underside.
- 6. Dubb a thorax with same material as the body. Figure eight the thorax material over the eyes.
- 7. Pull the wingcase forward over the thorax and tie off just behind the hook eye. Trim the rear portion of the wingcase. It should be about one half the length of the forward portion of the wingcase.
- 8. Whip finish.

The unusual shape of the hook on this fly helps to imitate the action of the nymph as it swims through the water.

Tom Smith

