

# FINNY FACTS

Archived version

APRIL 2003

San Diego



Fly Fishers

Cleaner Water. Brighter Streams. Better Fishing.

Volume 8, No. 4

## April Speaker

### **SDDF Member Louie Zimm to Speak on Saltery Lodge on Kodiak Island, Alaska**

**C**aptain **Louie Zimm** is an active member of the San Diego Flyfishers. Under the tutelage of Bill and Eileen Stroud, Louie has developed new techniques for taking California yellowtail, barracuda, bonito, white sea bass and calico bass on the fly rod. Experienced in fishing from the beach, kayak or from his custom Twin-Vee Power Catamaran "Puffin" he is also been active in "Fishing 101", a program for introducing young people to the sport of fishing.

Louie is a veteran Captain of research ships for the Scripps Institution of Oceanography. He has also owned and operated commercial sportfishers in the San Diego fleet.

Captain Zimm has fly fished the waters of Alaska, Australia, Costa Rica, Fiji, Florida, New Zealand, South Africa, as well as Mexico and Southern California.

He will discuss and show pictures from



*Club member Louie Zimm with a beautiful sockeye salmon caught in Alaskan waters, the subject of his talk.*

two trips last summer, to Saltery Lake Lodge on Kodiak Island. The first trip, a SDDF club trip, targeted Sockeye Salmon and sea-run Dolly Varden, in the first part of July. The second trip was in late September for silver salmon.

He will describe the methods and show the flies that were successful on Kodiak Island.

The lodge is on the shores of Saltery Lake and is run by Bill Franklin and Doyle Hatfield. You can find out more by going to [www.salterylake.com](http://www.salterylake.com)

--Marty Reed

## **REMINDER**

Volunteer hosts for the  
April meeting  
(report at 6:15 PM):

**Shelly Wagner,  
Gordie & Louie Zimm**

*Thank you, Mona Morebello*

## **MEETING NOTICE**

Monday, April 7, 2003

7:30 PM

Sequoia Elementary School  
4690 Limerick Ave.

(See map on back page)

## **SDDF Youth Activity**

*Joe Bain Builds Lake  
Chollas Educational  
Kiosk with SDDF Funding*

By Ed Velton

**O**n February 22, 2003 the Park and Recreation Department and the Chollas Lake Recreation Council unveiled the Chollas Lake Park Informational Fishing Kiosk. This was made possible through a generous donation from the San Diego Fly fishers and the dedication and hard work of Joe Bain. Bill Dloatch, deputy director - inland parks division - opened the ceremony by thanking SDDF for their contribution and support of children. Jerry Simpson, Chairperson Chollas Lake Recreation Council made the welcoming address. Mike Morrow, District Manager, Park and Recreation Department also spoke. James Reeg, Past President SDDF represented our club's management. And Joe Bain, Kiosk Creator, made the presentation to the kids.

The presentation was a part of the STAR/PAL Fishing Derby which is designed for beginner to intermediate levels and is free for kids ages 8-15 who are interested in learning how to fish.

Joe first proposed the kiosk, along with numerous other Lake Chollas projects on 7/22/02. He received club endorsement

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# *FINNY FACTS* Now Online!

**S**an Diego Fly Fishers is proud to announce that its members can now receive the *Finny Facts* via the Internet. The very same newsletter that Rose & Roger Yamasaki produce each month is now available online (and in living color!). If you would like to receive the online version of our newsletter, just send an email message to:

membership@sandiegoflyfishers.com

and ask to be placed on the delivery list for the online version of the *FINNY FACTS*.

**Note!** ... When you first sign up for the online newsletter, you will continue to receive a printed copy of the newsletter in the US Mail. We do it this way because we want to make sure that you are totally happy with viewing and printing the online version before we discontinue postal delivery.

**So please, help SDFE save money and trees!** After receiving the online *FINNY FACTS*, if you are happy receiving just the online version, send another message to the above email address asking the club to stop sending you the printed version through the US Mail.

**And now for the Finny FAQs!!!** You probably have a few questions about the online *FINNY FACTS*. Here's some of the things we think people might ask about.

- What if I change my mind a few months down the road and decide I want to start receiving the printed version of the *FINNY FACTS* again.

No problem! Just send a message to membership@sandiegoflyfishers.com

asking to be placed back on the printed version delivery list. Be sure to also ask to be removed from the online delivery list, or you will get both. We keep separate lists. By the way, it's OK to get both.

- Will the club eventually stop producing the printed version for people who want it?

Absolutely Not! We understand that some members may not be able to receive the online version, or may just prefer getting *FINNY FACTS* the 'tried and true' way. There will be no pressure on members to take online delivery, though the club may periodically remind people that the online version is available.

- How will the online *FINNY FACTS* be delivered?

As an email attachment. In order to open the email attachment for reading, you must have previously downloaded the Acrobat Reader® from the internet. (You only have to do this once). If you do not have Acrobat Reader® on your computer, then try this internet link to install it:

<http://www.adobe.com/support/downloads/main.html>

When you have Acrobat Reader® on your computer, all you have to do to read the attachment is double-click on it (or whatever mechanism you normally use to open email attachments).

- I can open the file OK, but the print is too small.

Here are three helpful hints that will make reading the online *FINNY FACTS* easy and efficient.

**View/Fit Width.** On the menu at the top of the screen select View/Fit Width. This will maximize the width of the newsletter on your computer screen so that the print is easy to read.

**Use the 'little hand'.** Notice the little hand that moves across your screen as you move the mouse. If you hold the mouse button down, the little hand 'grabs' the material you are reading and moves it around as you move the mouse. This makes it quick and easy to quickly view the part of the page that's off screen.

**Use the paging arrows.** Note the big black arrow buttons at the top of the screen. These allow you to move back and forth through the newsletter by whole pages.

- Here are some ideas on saving paper if you print the online version of the *FINNY FACTS*.

**Use 2-sided printing.** Most computer printers support 2-sided printing these days. Consult your printer's manual or help file for instructions on how to print 2-sided documents. If you don't want to hassle 2-sided printing, try this: print on one side of the paper one month and print on the back sides of the paper next month.

**Print on old unwanted pages.** Most of you with printers probably have learned to keep around old unwanted printouts to use the back-

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## **FINNY FACTS Now Online!**

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sides for test printing other stuff.  
Here's something you can use it for.

**Print only the pages you want** Do you really have to print the whole thing? Consider just printing out the pages you need. For example, maybe you'd like to start making a notebook of the 'Fly of the Month' feature to keep on your tying bench. Acrobat Reader® allows you to print just the pages you choose.

- The attachment that contains the file is pretty big. Won't it take a long time to download on my modem line?

That depends on a lot of things; your modem's speed, the quality of your phone line, the number of pages in the newsletter in any given month. Our experience is that it can take from 3-7 minutes for the newsletter to download to your computer from the internet.

If you have other questions about the online *FINNY FACTS* or you are having trouble with receiving, viewing or printing it on your computer, just send an email message to:

[sdflyfish@sandiegoflyfishers.com](mailto:sdflyfish@sandiegoflyfishers.com)

or call me, **David Collins**, SDFF web administrator. My phone number is in the club roster. I'll be happy to help you. 🐟

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## **Annual Raffle Update**

The annual raffle is starting to take shape. I have already received our first great prize, a spectacular salt water fly rod donated by a club member.

Also SDFF architects, including Jim Castelluzzo, Joe Paoluccio, Frank Kawasaki, Bill Moser, and Stan Livingston, will be donating a gift certificate from a local Fly Shop. Jim Tenuto is gathering some great products from gear suppliers and manufacturers.

Tickets for the Annual raffle will be mailed to you this month. We will also be selling tickets at the April and May meetings.

Gordi Zimm is our contact person for Annual Raffle Tickets. Raffle tickets will also be available for purchase the evening of the raffle up to the start of the raffle.

Tickets will be \$5 each or you may purchase a book of 6 for \$25.00. The more tickets you purchase, the better chance of winning a great prize, and you are helping out your club.

*Jim Castelluzzo*  
*Annual Raffle Chairman*





**JACK BENTLEY**  
**Any Questions?**  
**Call Jack Bentley at**

## **Itinerary for the Green River**

### Monday May 12th

Southwest Airlines flight #548

Departs San Diego at 7:25 AM

Be there 1-1/2 hours early at the east end of terminal #1 to pick up your tickets. **Photo I.D. required!**

### Saturday May 17th

Southwest Airlines flight #1295

Arrives in San Diego at 5:25 PM  
from Las Vegas

Contact Jack for any further details.

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## **San Diego Fly Fishers Hosting Bar-B-Que at Tom Loe's Private Pond**

**MARK YOUR CALENDAR FOR SATURDAY, AUGUST 9, 2003**

The San Diego Fly Fishers are hosting a bar-b-que and fly fishing party at Tom Loe's Private Trophy Trout Pond on McGee Creek overlooking Lake Crowley in the Eastern Sierra.

Tom Loe has offered the SDFF the use of his pond for this special event. You must sign up for the party so we can have an accurate count, a small fee will be charged to cover the cost of food and drink, details to follow.

Tom is also holding open reservations on August 8, 9, 10, and 11 for both his boats for club members for a day of fishing on Lake Crowley. The boats will handle 3 and 4 fly fishers respectively.

To reserve a day fishing with Tom, contact Tom directly at or e-mail him at

For more information contact Art Reifman,



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# FLY OF THE MONTH

## H & L VARIANT

Hook: Standard Dry Fly, Sizes 16 to 10 - Tiemco 100 is the hook used for the sample.  
Thread: Brown 6/0  
Wing: White Calf Tail - length of the hook including the eye  
Tail: White Calf Tail - length of the hook shank  
Body: Rear half: stripped peacock herl for rear 1/4; middle 1/4 peacock herl married to the thread.  
Hackle: Brown or furnace tied dry fly style



1. After wrapping a layer of thread on the hook shank select a bunch of calf tail for the wing. Comb and stack the calf tail then tie it to the top of the hook shank at about the 1/2 point with the tips extending over the eye. Trim the butts at an angle and bind them down with thread.
2. Prepare a peacock quill by removing the fibers from the quill. This can be done by rubbing the quill with a pencil eraser. After you have stripped the peacock herl set it aside for step no. 4.
3. Select a bunch of calf tail for the tail of the fly. The tail should be the length of the shank. Tie it on top of the shank right where you have trimmed the wing material. If you do this right you should have a smooth base for the body material.
4. Tie the quill you have prepared on where the tail starts. Wrap the quill forward in touching wraps covering the rear 1/4 of the hook shank. Secure the quill and trim the excess. Now select a peacock herl and tie in on by the tip just in front of the point where the quill portion ends, Marry the herl to the thread to give it strength. Wrap the herl rope forward covering the body up to about three wraps behind the wing. Tie it off and remove the excess.
5. Secure the wings in an upright position by wrapping a thread dam in front of the wings which you are holding upright. Now tie on the 2 or 3 hackle feathers behind the upright wing. Wrap the feathers forward behind and in front of the wing. Secure the hackle with thread and trim the excess. Build a thread head and whip finish and apply head cement to the quill body and the thread head.

The H&L Variant is a dry fly which is fished in rough water. It floats well and is easy to see in rough water. It is sometimes referred to as the "House and Lot".

It was President Eisenhower's favorite fly. I'm not sure what that does for it but if you're a Republican you should try it. It will catch fish for you even if you are a Democrat. Try it. Good fishing and good tying!!!!

Tom Smith





## SDFF Youth Activity

continued from page 1



*The SDFF sponsored educational kiosk is formally dedicated at Lake Chollas on February 22, 2003.*

and funding on 7/29/02. He began preliminary design of the educational kiosk on 8/05/02. He coordinated his efforts with numerous city personnel including: Jim Brown, city lakes program manager; Chollas lake park rangers Heidi Gutkecht, Zana Kerr, and center director Jimmy Tollefson. He reviewed the kiosk with Steve Palle, area manager and

Michael Ruiz, senior park ranger. Along the way he made presentations to the park and recreation council, got help in getting the signs made, secured

permission to use government poster art, and

coordinated activities with law enforcement and national forest personnel.

Joe started construction on 11/01/02 and completed it in January 03. City park rangers showed up at Joe's place on 02/18/03 and over the next 3 days Joe worked with them to install the kiosk, decorate it, and paint it. It was a demanding effort that required total

dedication. The unveiling on 8/22/03 was an impressive event, a banner day for SDFF, and a great improvement to lake Chollas.

Make no mistake, this is a Joe Bain project. He pushed for SDFF support and received \$500 funding from the club. Then he designed, built, and managed the installation of the Kiosk. He used a modular pinned design approach to provide for easy on-site assembly. These consist of: marquee, pictorial feature panel, educational



*Once Joe has it right on paper then the building process begins - and poor Julie Bain sees her veranda turn into a production shop. It took a lot of clamps to get it right.*

panels, support structure, graffiti guard panels, and in-ground base support.

Many SDFF members who believe we should spend more of our conservation money on projects which we manage; stem to stern, rather than writing checks to third parties to use at their discretion. We've done it in the past on the shelter at Lake Murray and the trout display at Chula Vista. These efforts are local and directly related to SDFF. They represent the efforts of our members spending their time as well as their dollars on meaningful San Diego conservation projects. People who see these projects associate them to SDFF and it's conservation mind set. That benefits SDFF as well as the community.

The kiosk at lake Chollas is yet another example of what can happen when one of our members sets his or her mind to strike out on their own. With the club's backing Joe took it on himself to make the lake Chollas kiosk happen. We have seen it happen in a similar fashion with the Wednesday Bunch, Casting Clinic, Rod Building, Fly Tying, Travel, Lake Murray Shelter, Chula Vista Trout Display, SDFF Web Site, Finny Facts, Womens<sup>1</sup> Focus and other undertakings.



*It all starts at the drawing board. As a retired engineer, Joe gets it all right on paper before he starts the building process. During the design, Joe continually coordinated with all the agencies involved to make sure that everyone was on board and no one was left out, making it a true community project.*



## SDFY Youth Activity

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*The kiosk includes educational material as well as conservation messages and fishing tips. It all comes together in awesome true color introducing the science of entomology to the youngsters.*

One of our members just takes off and makes it happen. Sometimes it is with other members<sup>1</sup> support and sometimes, as with the kiosk, it is a singular undertaking. But always with SDFY endorsement. These are the kinds of undertakings that make the club great. And, as club members we should be more sensitive to these activities and volunteer our services to assist project leaders. For it would be a sad day indeed if we didn't have people who venture their time, money, and effort to further the interests of the club and community.



*It was a big day for Joe when the kiosk was loaded up for transfer to Lake Chollas. The park people showed up, Joe disassembled the kiosk, and together they figured out how to load it up and get it to the lake. Joe had designed the kiosk for transportation so the task went relatively smoothly except for forgetting a few parts which required a second trip.*



*The kiosk is loaded with messages from the kids to the kids. It's Joe's way of getting youth involved in conservation.*



*Once at the lake the assembly starts.*



*Joe meets Clifford, the local goose supervisor.*

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**SDF Youth Activity**  
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*Bolting it together with Clifford's supervision.*

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*Heave Ho, let's get it in the ground.*

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*Finally, in the ground, looking good.*

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*Cementing it in the ground. Clifford says, "Good Job Folks".*

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*If you want support from the SDF you go to the Wednesday Bunch or the Fly Casting Clinic. Here are 3 steadies that made the event (Lee Anderson, John Beckstrand, and Tom Smith). Also attending were: Ken Armer, Louie Zimm, Marv Darling, Buck Parker, Kim Jones, Ed Velton, Joe Bain, Jim Reeg and Paul Britting. That's a pretty good turnout and it matched just about every other organization present.*

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**SDFF Youth Activity**  
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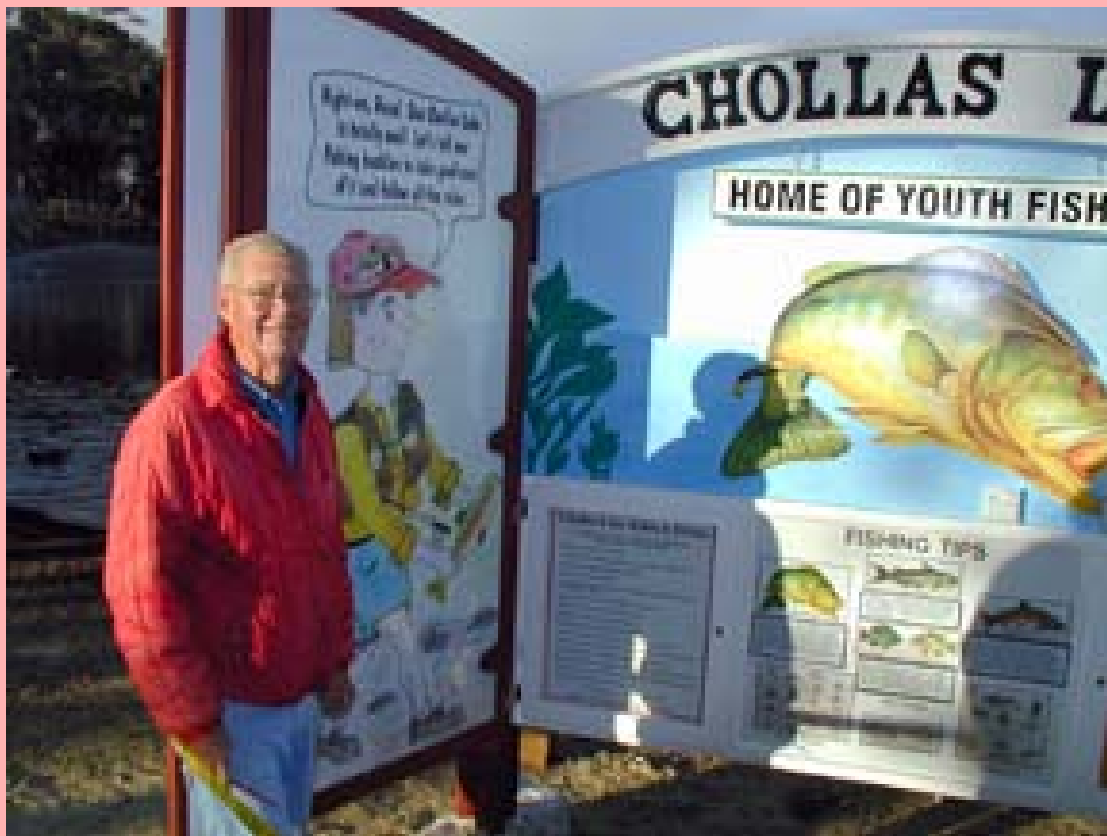
*Joe Bain is all about kids. He has a rapport with them that is wonderful to see. He has started something which we should keep up as a yearly event.*

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*Here are smiling faces we see at most SDFF events; Marv Darling and Louie Zimm. They are active members who really support club activities. Get involved folks. You'll be in good company.*

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*Thanks Joe for a job well done. And thanks to all in the SDFF.*

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## EITHER HAND FLY CASTING

**Y**esterday, I taught a ten-year-old boy to fly cast. When we completed the lesson, he was making superb casts to a distance of 110 feet: sixty feet left-handed and fifty feet right-handed, that is. The first article I wrote for our newsletter was published in 1995, titled, "Either-Hand Fly Casting." I am revisiting this topic because among the items to be auctioned by our club at next month's banquet will be a series of three, one-hour individual fly casting lessons from which you will learn to cast equally well with either hand, and probably better with both.

Either-Hand fly casting offers numerous advantages, and not the least of them is a dramatic improvement in your strong-hand casting. It also doubles the range of fishing and presentation angles in open, windy conditions, and when you are casting into cover. In addition, Either-Hand fly casting lets you avoid most back cast obstacles, allowing you to fish with equal ease from "either side of the river." Further, it's an excellent

way to teach yourself how to teach fly casting to others.

Try the following eight-step process to teach yourself how to cast with either hand. Be sure to wear eye protection and use a bare leader when you try this. It will take about 30 minutes. Although you'll learn to cast with either hand much more thoroughly if yours is the high bid for the lessons at our auction.

1. Start with 45 feet of line. Grasp the rod with your left hand and pinch the line between the first finger of your left hand and the grip.
2. Envelope the outside of your left hand with your right hand: thumb-over-thumb, fingers-over-fingers.
3. Begin false casting with the rod on the right side; left arm comes across the chest. Let your right hand control the rod, your left hand becomes part of the grip; goes along for the ride. Most pressure is with the right hand.
4. Increase grip pressure of left hand so right and left hand pressure are equal. Both hands in equal control to assimilate good left-handed casting from right

hand experience.

5. While false casting, move your hands close to right side of your face, sensing equal control with both hands.
6. Lay the line down with a forward cast. Lift the line, still casting from the right side, make 6 false casts, lay the line down. Repeat until pickup back cast is as good as regular false casts.
7. Transfer control to the left hand. Lift the line to cast, but now to the left side of your face. Continue false casting while moving your hands incrementally between casts to the left hand casting position, with hands outside of your left shoulder, right arm comes across your chest. Transfer control to your left hand by gradually increasing the pressure of the left hand on the grip while diminishing pressure with the right hand with each false cast.
8. Separate your hands and manage the running line with your right hand.

### Cast left-handed!

(by Dan Lagace of the Tampa Bay Fly Fishing Club, courtesy of the FFF Club Wire)



## San Diego Fly Fishers at Day on the Docks

**T**he San Diego Fly Fishers will have a table at this year's Day on the Docks to be held on **Sunday, April 27th** at Fisherman's Landing.

We hope to enlist the support of a few good saltwater fly tiers demonstrating some fly patterns for the bay and ocean and some fly casting experts who would be willing to run a casting clinic for kids.

If anyone would like to be a speaker on a related SDDF subject contact the Day on the Docks Committee Chair Jim Castelluzzo (see number below).

We also will be featuring club brochures and business cards and conservation program information.

We are also looking for volunteers to help with the setup and tear down of the booth, that would be greatly appreciated.

The Club is looking to borrow the following equipment for the event:

- 3 folding tables
- 6 folding chairs
- 10' x 10' canvas shade awning

For any of the above please contact me.

**Jim Castelluzzo**  
*Day on the Docks Committee*



**FREE CASTING LESSONS  
EVERY SUNDAY 9 AM--NOON**

Join the San Diego Fly Fishers at Lake Murray to cast or improve your skills. Free instruction is available.

Bring your own equipment or use the club equipment, available from one of the instructors.

**DIRECTIONS--**

Take Interstate 8 to Lake Murray Boulevard. Go north on Lake Murray Boulevard to Kiowa Drive.

Turn left and look for people casting just as you enter the park. That's our bunch.

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Proprietors  
Eileen & Bill Stroud**

**Cutoff date for *May FINNY FACTS*  
articles---Friday April 11th**

**Send articles to:  
Rose and Roger Yamasaki,  
5415 Lodi Place  
San Diego, CA 92117  
858-274-2712.**

**You can E-mail at Thanks!!**

**Send change of address information or  
Club membership renewal to:**

**Gordie Zimm**

**LIFE MEMBERS**

Gordon Foster (in memoriam), Bill and Eileen Stroud, Bernie Hammes, Hugh Turner, Nancy Pitts, Bob Wisner, Ken Armer, Glen Paul, Betty Coram, Ned Sewell, John Kasten, Leo Bergevin, George Beach, Bob Camp, Marvin Darling, Gene Jerzewski, Oz Osborn, Robbie Robinson, John Gauld

**HONORARY MEMBERS**

Jim Brown, Louisa Kassler, Hugh Marx, Randy Ford, Allen Greenwood

Winners of the:

**GORDON FOSTER MEMORIAL AWARD**

For unselfish and outstanding service  
to the flyfishing community

1991-Ned Sewell  
1992-Bob Camp  
1993-Bill & Eileen Stroud  
1994-Ed Velton  
1995-Bob Wisner  
1996-Gary Hilbers  
1997-Jack Bentley  
1998-Gordie Zimm  
1999-Gretchen Yearous  
2000-Tom Smith  
2001-Rose & Roger Yamasaki  
2002-Larry Sorensen





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**2003 OFFICERS**

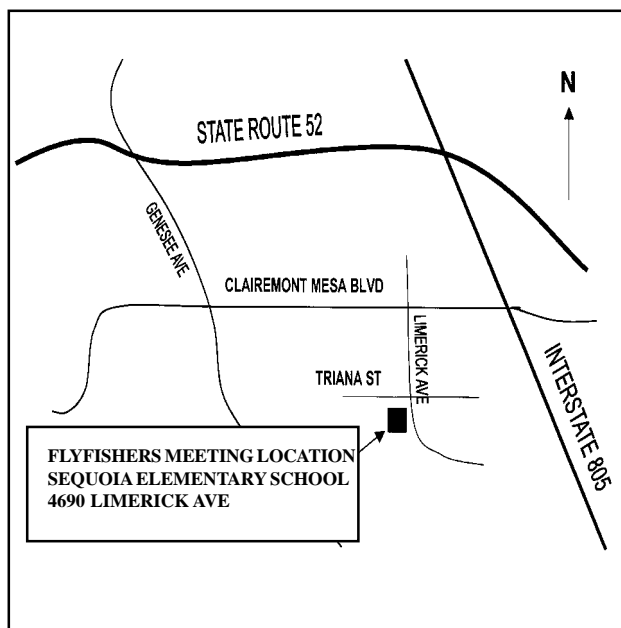
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Conservation- Sherry Brainerd  
FFF Southwest Council- SDFF Rep. Larry Sorensen  
Fly Casting Clinic- Ned Sewell and John Kasten  
Fly Tying Clinic- Gary Hilbers  
Membership- Gordie Zimm  
Member of the Month- Open  
Monthly Weekend Outings- George Gates



Newsletter CoEditors- Rose & Roger Yamasaki  
 5415 Lodi Place, San Diego 92117, 858-274-2712  
 E-mail:

Programs- Marty Reed  
Club Biologist- Bob Wisner  
Raffles- Larry Sorensen

Refreshments- Vernon Wescott  
Rod Building- Tom Smith  
Trips- Jack Bentley,  
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Web Page- David Collins  
[www.sandiegoflyfishers.com](http://www.sandiegoflyfishers.com)  
Women's Education  
Focus- Gretchen Yearous

Meeting Place for Workshops

San Carlos Recreation Center near Lake Murray. (We no longer meet at the Lake Murray Water Training Facility at Lake Murray). The address is 6445 Lake Badin Ave. To get there from Hwy. 8, take the Lake Murray Blvd. exit just like you were going to the lake. Instead of turning into Kiowa, keep going on Lake Murray Blvd. another 1.6 miles. When you come to Lake Adlon Drive, (first corner past Jackson Dr.) turn left. Go down three blocks and the recreation center will be on your right. It is on the corner of Lake Adlon and Lake Badin.



San Diego Flyfishers Headquarters  
 Stroud Tackle  
 1457 Morena Blvd.  
 San Diego, CA 92110  
 619-276-4822



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